

TENNIS PROGRAMS FOR KIDS FROM 8 WWW.EQUELITE.COM TENIS@EQUELITE.COM T+34 965 340 013



SUMMER STAGE COMPETITION

A DAY ON THE STAGE

Monday to Friday:

The timetable** is subject to change depending on the needs of the player.

8:00 Breakfast

9:00 Training

10:40 Mid-morning break

11:00 Training

12:40 Rest

13:00 Lunch

15:30 Training

17:00 Mid-afternoon break

17:20 Training

18:40 Rest

19:00 Dinner

20:00 Play time

22:00 Silence

The optional daily language hour (Spanish or English) is given during lunch/dinner and/or entertainment time.

**There will be days when the schedule will vary due to additional activities (clinics, tournaments, olympics, beach day, etc.), especially on weekends or due to inclement weather.





SUMMER STAGE COMPETITION

A DAY ON THE STAGE

Sunday (Arrival day):

It is important to be there before 16.00, the time of the welcome meeting where the functioning of the campus will be explained. After the meeting, level tests will be carried out to facilitate the correct development of the groups and the work to be done with each player during the weeks.

12:00 - 13:30 Arrival

13:30 Lunch and entertainment

16:00 Welcome meeting (approx. time)

17:30 Placement test (approximate time)

20:30 Dinner

23:00 Silence

For players staying an extra week, a beach day will be organised during the in-between Sundays

Saturday (Departure day)

Departures will be before lunch. After the scheduled recreational training/indoor tournament.

*The departure time would be during all the morning. Depending on the departure time the players would take part on the internal tournament or not. Parents that comes to pick them up can stay and watch.

8:00 Breakfast

9:00 Internal tournament*

13:00 Lunch

16:00 Recreational training (Clinic/Olympics/Gymkana/DavisCup)

19:00 Dinner and entertainment

23:00 Silence

For those who stay 2 weeks, there will be addional activities:

RATES SUMMER STAGE COMPETITION

x1 WEEK	x2 WEEKS
1.300€	2.470€
X3 WEEKS	x4 WEEKS
3.705€	4.940€



PRICES INCLUDES

Short-stay accommodation. (Triple room)

- -Full board (Breakfast, lunch, dinner, supper, lunch and afternoon snack)
- -Daily tennis and physical training.
- -Medical service for assessment of pain, illnesses and possible injuries.
- -Use of facilities.
- -Accident insurance.
- -Complementary recreational activities.
- -Internal tennis tournament.

IF THE STAY IS A MINIMUM OF 2 WEEKS IT ALSO INCLUDES:

- -Complementary recreational activity and beach day.
- -Technical, physical and social report.

IF THE STAY IS FOR A MINIMUM OF 3 WEEKS IT ALSO INCLUDES:

-Sports psychology session.

PRICE DOES NOT INCLUDE

-Laundry and stringing

COMPLEMENTARY OPTIONS:

- -Language classes + 60€/week (5hours/week)
- -Private language lessons + 20€/hour.
- -Special menu option + €20/week

 (Gluten free, vegan options or other)
- -Private tennis
 - + 45€/hour or 60€ weekends.
- -Private fitness classes
 - + 50€/hour.
- -50 minute physiotherapy session
 - + 40€



















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